

NLF Under Armour Main Event Rules

COMPETITION RULES

- We will be following NCAA rules for all grades
 - o The only exclusions will be stick head measurements
 - o Counts at all grades. There will be no shot clock.

GAME PLAY

- Games will have two 22-minute running time halves. There will be a 5-minute half time.
- Games will start on the horn. Halftime and end of game will be on referee time.
- Teams are allowed one 30-second time out per game. Timeouts are not allowed in the final 2 minutes of the game. Clock does not stop during timeouts. No timeouts during OT.
- Games ending in a tie will play a sudden death OT.
- 2 Points = Win
- 0 Points = Loss
- Playoff Tiebreakers:
 - Record from Pool Play
 - Head to Head Record
 - Goal Differential
 - Coin Toss

^{*}In the event of a three-way tie, Head to Head will not apply and we will continue on to Goal Diff.